



BDDF Chairman Jane Brydges receiving Tesco Groundwork grant cheque from Community Champion Julie Shepherd

## Basingstoke & District Disability Forum Annual Review 2018-2019



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“ConneXions  
Talk allows  
me to make  
new friends”



## Foreword from Chairperson

Whilst this year has been a challenging one for BDDF, we have come out stronger and more resilient. After changes in the board I became chairman in November 2018. We have worked hard to find new trustees and to increase our services in Basingstoke and Deane area.

2018 saw BDDF awarded a grant of over £42,000 from Basingstoke and Deane Council to continue and expand our ConneXions services. This could not have been done without the enormous support of trustees' past and current.

I would also like to thank our volunteers for all the hard work and support during the year. I would like to welcome Tony Capon who took over as chairman in April 2019.



A handwritten signature in black ink, which appears to read 'Jane Brydges'.

Jane Brydges  
Chairman



## Our Vision

**Vision:** To create a community that sees the person, values the difference and embraces awareness.

**Mission:** To facilitate increased awareness, active involvement and healthy promotion of disability and those who live it.

Other income		
General	£	2,362.50
Total other income	£	2,362.50
Profit on ordinary activities before taxation	£	13,154.54
Profit after taxation	£	13,154.54

## Key Facts

- ✓ BDDF have helped approximately 6500 people in Basingstoke and Deane Borough between 2018-19.
- ✓ We introduced a new Learning strand to the ConneXions programme, where we have had 72 learners.
- ✓ We took 313 Signpost Service enquiries in the year to support people affected by disability.
- ✓ Disability Awareness Days attracted over 35 organisations and around 7000 people to our events.
- ✓ ConneXions Talk attracted 130 people.

## Sound Bites

Comments from people who have used our services:

"I learnt about new activities and future aspirations" - ConneXions Learner

"This course has definitely increased my self confidence. I had never been on public transport alone, during this course I succeeded in doing this" - ConneXions Learner



## Profit and Loss

Basingstoke & District Disability Forum  
For the year ending 31 March 2019

Turnover		
BCBN grant	£	532.32
Breeze grant	£	56.38
Coleman grant	£	2,500.00
CVS grant	£	14,618.00
Donations	£	4,479.39
Events	£	3,293.21
HYSG2	£	250.59
Interest income	£	15.08
Membership	£	40.00
Training	£	600.00
<b>Total turnover</b>	<b>£</b>	<b>26,384.97</b>
Activity Costs		
CVS activity costs	£	213.06
CVS advertising	£	97.87
CVS office/ admin	£	567.39
CVS premises	£	773.21
CVS salaries	£	5,565.94
CVS volunteer expenses	£	96.80
<b>Total cost of sales</b>	<b>£</b>	<b>7,314.27</b>
<b>Gross Surplus</b>	<b>£</b>	<b>19,070.70</b>
Administrative costs		
Audit & accountancy fees	£	316.80
Catering	£	180.02
Cleaning	£	55.00
General expenses	£	1,142.89
Insurance	£	267.80
IT software and consumables	£	892.27
Payroll services	£	120.00
Photocopying	£	42.09
Postage, freight and courier	£	42.24
Printing and stationery	£	310.78
Rent	£	3,065.49
Repairs and maintenance	£	5.10
Salaries	£	1,381.91
Telephone and internet	£	406.25
Travel - national	£	50.02
<b>Total administrative costs</b>	<b>£</b>	<b>8,278.66</b>
<b>Operating Surplus</b>	<b>£</b>	<b>10,792.04</b>

## A Year in Review

April 18

- Awarded CVS grant from Basingstoke and Deane Council to operate ConneXions programme

May 18

- 1st ConneXions Outreach service starts

July 18

- ConneXions Learning starts with its "Confidence in me" workshop in partnership with RCS
- Annual fundraiser The Basingstoke Roll took place at The Malls shopping centre

September 18

- ConneXions Talk service visits Tadley

October 18

- Second ConneXions Learning begins "Create your own Confidence" course in partnership with RCS

November 18

- BDDF Awarded £2750 from Tesco's bag for life scheme - to help fund films to schools project
- New partnership With Rooksdown Community Centre offering ConneXions Talk service
- Supported Tesco Chineham with our Signposting Service for Purple Tuesday

December 18

- ConneXions Talk - hosts a session on energy medicine for Anxiety
- ConneXions visits Beggarwood Community Centre for an arts and crafts session

January 19

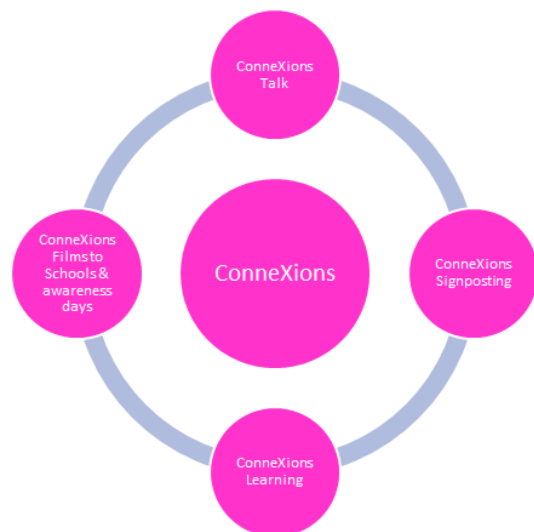
- Signposting service supported Aging Well event at Basingstoke fire station
- ConneXions Learning - Money Management course begins in partnership with RCS

March 19

- ConneXions Learning starts its second Confidence Building course - in partnership with RCS

## Impact of ConneXions Service

The ConneXions programme has now been operational for a year, in which we have supported many people affected by disability in the local area. There are 4 strands to the ConneXions programme which have been funded by a Basingstoke and Deane Council grant of over £40,000 for the next three years, and Tesco Groundwork which supports the Films to Schools strand for one year.



## ConneXions Talk

Takes place in a central location on the first Tuesday monthly. It is an opportunity for local people affected by disability to network and feel included and to reduce isolation in the community. Each session offers a speaker on relevant topics, the participants enjoy free refreshments in an informal setting. We also hold a ConneXions meeting at the Orchard café the third Wednesday of each month in conjunction with Timebank.

ConneXions Talk outreach offers a similar format to ConneXions central and is held once a month in deprived / rural areas in Basingstoke.

## Financial information

The Profit & Loss together with the Balance Sheet for the year is included over the next couple of pages.

The Charity received an income of £26,384.97 with a profit of £13,154.54. Since it was anticipated that the Charity would be closing all Sales and Purchase Ledger items were dealt with within the year meaning that they both showed a zero balance.

A total of £7,772.60 was raised through our own fundraising efforts of the balance in the banks of £16,995.33, £6,733.77 is currently available for use. The balance being ring-fenced for various projects.

## Balance Sheet

Basingstoke & District Disability Forum  
As at 31 March 2019

31 MAR 2019

<b>Current Assets</b>	
<b>Cash at bank and in hand</b>	
Bas & District	14,207.78
BDDF Community	2,777.55
<b>Total Cash at bank and in hand</b>	<b>16,985.33</b>
<b>Petty Cash</b>	<b>(3.10)</b>
<b>Total Current Assets</b>	<b>16,982.23</b>
<b>Creditors: amounts falling due within one year</b>	
Pensions Payable	25.97
Rounding	0.03
Suspense	20.00
<b>Total Creditors: amounts falling due within one year</b>	<b>46.00</b>
<b>Net Current Assets (Liabilities)</b>	<b>16,936.23</b>
<b>Total Assets less Current Liabilities</b>	<b>16,936.23</b>
<b>Net Assets</b>	<b>16,936.23</b>
<b>Capital and Reserves</b>	
<b>Current Year Earnings</b>	<b>13,154.54</b>
<b>Retained Earnings</b>	<b>3,781.69</b>
<b>Total Capital and Reserves</b>	<b>16,936.23</b>

## Our People

We have had the following people supporting BDDF:

New Interim Chair, Tony Capon (pictured on below left)



Jane Brydges, Treasurer  
George Hooper, Trustee  
Julian Thomas, Trustee  
Pamela Heyfron, Trustee  
Rob Heyfron, Trustee  
John Jessup, Trustee

Amanda Knowles, BDDF Coordinator

Rt Hon Maria Miller MP, Patron

Cllr. Simon Bound, Patron

Cllr. Jane Frankum, Patron

Lady J. Coleman, Patron

## Partnerships

At BDDF we have formed many partnerships with local organisations to ensure we work for the better of the local community and to people affected by disability. Some of these are listed



Basingstoke and Deane Council awarded BDDF a community grant to run our ConneXions programme 2018-2021



RCS Romsey is our main provider of learning courses and to supply our Films to Schools tutors.

## ConneXions Films to Schools

Films to Schools visit local primary schools to teach children a little more about disability. We show them two of the films we made starring local disabled children <https://bddf.jimdo.com/resources/videos/> and provide an interactive workshop session.

We have so far visited six schools and over 350 children. We are currently relaunching the project as we were recently awarded a Tesco Groundwork grant for £2750, we are hoping to expand the project to older age groups and community based organisations.



The children were given the opportunity to write a letter to a fictional child with a disability who would be joining their school. The winning letter would show empathy and inclusion.

Photo of Trustee Pamela & Films to Schools Competition Winner from North Waltham School.

## Awareness Days

We held two disability awareness days in the Basingstoke area. Our main events are held in The Malls in the heart of the town centre. Where approximately 6000 people attended our summer Basingstoke Roll event. Approximately 1000 people attended the Disability Awareness Day in September where 25 partner organisations offered information and ad-

## ConneXions Signposting

BDDF run the Disability Signpost Service. This is a drop by service where people affected by disability, their carers, and professionals by the team to someone or somewhere which will help them.

We have supported over 313 people through enquiries by telephone, post, email and face to face. If you have an enquiry please telephone 01256 423869, or email [info@bddf.org.uk](mailto:info@bddf.org.uk); or look on our Facebook page or website for upcoming events where our Signpost Service will be available.

## ConneXions Learning

We offer learning opportunities for members through our partnership with RCS. In the past year we have supported 72 learners. The courses are held in central and district locations, listed are examples of some of the courses this year:

- ◆ Money Management
- ◆ IT
- ◆ Anxiety Management
- ◆ Employability
- ◆ Confidence Building

## Case study of service user by Amanda Knowles – BDDF – April 2019

Jaco's mum joined BDDF as a member in June 2018. Jaco and his mum Darleen quickly became involved with BDDF and volunteered with us at The Basingstoke Roll our annual charity fundraising event. They helped to run the wheelchair obstacle course which allowed non wheelchair users the opportunity to experience riding in or pushing a manual wheelchair around a course.

Jaco found this experience to be very rewarding because he could get involved in fundraising for a charity that he hugely benefits from. He enjoyed meeting people and showing them that you can have fun in a wheelchair. He also enjoyed meeting volunteers and people with a passion for the disabled.



Jaco then joined us on a Confidence Course, Anxiety Management course, a Budgeting / Money Management course, and is currently taking part in a further 'Be Confident in You' course we have organised with RCS. I contacted Jaco to ask him for some feedback about the courses he has attended with us and he had the following to say "I enjoy all the courses that the BDDF offer. It gives me an opportunity to improve myself and gain confidence. I can relax and learn with others in my situation. can safely share our issues and learn together. At the most recent 'Be Confident in You' session, people commented that I am more assertive and confident in taking the lead in a small group. This feedback had a very positive effect on me".

The experiences Jaco has had with BDDF have led him to be confident enough to take part in a Reverse Disability Jobs Fair which we were involved in setting up with Lisa Edwards from BDBC. Jaco had this to say about the event "on the Jobs Fair course I was helped to write the best CV and prepare for an interview. On the day of the Jobs Fair, the team helped me to relax and be more confident. The employers that were invited gave very useful information and feedback. Even though it did not lead to a job yet, I will definitely benefit from the experience in future".