

The  
**disability forum**  
basingstoke and district



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## Annual review

2017/18

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supported by  
**Basingstoke  
and Deane**

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BDDF Board of Trustees and Facilitator  
May, 2017

# Our year at a glance

## Disability awareness days



Castle Square, May 2017

Discovery Centre, March 2018

Both of our disability awareness days in 2017/18 were well attended. They provided a fantastic opportunity for people affected by disability to chat informally to representatives from local organisations and to find out about services available to them.

## Members' event at The Apollo Hotel, October 2017



Talks included sports facilities for people affected by disability, local dementia support, and health passports for people with learning disabilities. The event ended with a singalong courtesy of Tune4Life.

## Signpost Service and Disability ConneXions

You will find reports on both of these established services later in this review.

## Basingstoke Roll 4



Our annual fundraiser – the Basingstoke Roll - was held on 1 July 2017.

The Chilli Peppers team from Phillips Solicitors completed the course in the fastest time.



A big thank you to everyone who supported us on the day. We are very grateful to our lovely volunteers and to the teams who took part in the Roll itself to raise money for BDDF.

## Fundraising



As well as collecting sessions throughout 2017/18 at Tesco and Asda, we were also invited to have a stall at AWE's Christmas Fayre in 2017.

## Message from the Chair

2017-18 was yet another busy, diverse and positive year for Basingstoke and District Disability Forum (BDDF). Our vision, established in 2014 when we achieved charitable status, remains unaltered - to be a district where everyone is equal by promoting inclusion and opportunities for anyone affected by disability. We do this by providing information and bringing people together. We have recently adopted a new slogan to reflect this - 'Think Disability, Think Forum'.



Our focus continues to be on those who are affected by disability. This includes carers and families, local charities and employers who recognise the importance that the disability community can offer to their undertakings and seek to discharge their corporate social responsibility in this way.

As a membership organisation, BDDF continues to grow in all categories: individual, organisational and corporate. Over recent years, we have welcomed several local organisations and companies as new members, such as Hampshire Hospitals NHS Foundation Trust; North Hampshire Clinical Commissioning Group (CCG); Citizen's Advice Basingstoke, Irwin Mitchell Solicitors and the Apollo Hotel.

The range of services we offer has continued to develop throughout the year and currently includes:

- **Disability ConneXions** meetings, which give opportunities for people affected by disability to meet informally and listen to expert speakers on a variety of topics.
- **Signpost Service (SPS)**, free and confidential one-to-one sessions providing information on local and national support groups and services.
- **Communication and media services** using our printed leaflets designed in-house; website, Twitter and Facebook services online; our regular newsletters; and our members' events, all help to identify and promote services and new ideas to our community as a whole.

- **Disability awareness days (DADs)** - popular showcasing of services available to the public from our members and local partners in a market-style setting. The aim of DADs is to raise awareness and exchange information on disability-related topics and local services.
- Our **flagship fundraising event, the Basingstoke Roll**, ran alongside the annual Basingstoke Festival in 2017. BDDF hosted a family-friendly, wheelchair-focused, sponsored scavenger hunt to raise funds.
- **Disability awareness education and training** where we offer standard or bespoke presentations to workplaces and schools. This year, our Films to Schools service delivered presentations to over 600 local school children.

An accolade to our work in 2017-18 was being awarded funding for three years by Basingstoke and Deane Borough Council as part of the Community and Voluntary Sector Grant Scheme (CVS). This grant will enable us to develop our existing ConneXions and Signpost Services by offering outreach sessions in some of the more rural areas in our community, whilst continuing to serve our clients in the town centre.

We continue to be grateful to all individuals, organisations and members of our local community, and beyond, in supporting our work throughout this year. Thanks to their help and the extraordinary efforts from our BDDF team, our meagre intake of funds was double that of the previous year and our costs were proportionately lower.

Even so, our core costs continue to represent a major challenge to our ability to meet so many of the services we believe are crucial to the community we serve. Steps are being taken to alleviate some of these core costs without restricting our ability to operate. However, funding of our endeavours from organisational and commercial interests would, indeed, be a worthy cause and appreciated by all concerned.

Lastly, BDDF could not exist without the time, passion and dedication of our Board of Trustees and our team of volunteers, together with our facilitator Amanda and our patron, Lady Colman of Malshanger. Each of them brings a variety of hands-on skills and experience that enables us to do what we do. Their passion, commitment and effort enabled us to deliver our plans for the year. My appreciation goes to them, individually and collectively.

*Robert G. Heyfron, BDDF Interim Chair and Trustee, 2017/18*

## Disability ConneXions

We never know how many people will turn up on any given day to our ConneXions sessions. We have had as many as 25 or as few as two!

There have been several interesting talks from a variety of speakers. For example, a session on mindfulness which included exercises to do. The Memory Box Project brought in everyday objects from the past, which they use with people who have dementia.

Another month, we had the police giving us tips about locked doors and distraction burglars.

This was followed by the fire service who handed out long sticks to enable people to more easily reach the test button on their smoke alarms.

We have taken ConneXions to local residential and community centres on two occasions. Both sessions were well received.



One Tuesday, we had two speakers. The first speaker gave a very interesting talk on the work of Hampshire and Isle of Wight Air Ambulance. He noted that it was a first for him, as his piece on airborne emergency services would be followed by a talk from Irwin Mitchell Solicitors on wills and power of attorney. Not good planning!

The Discovery Centre (library) whilst being the most central of locations to hold these sessions, may not be ideal for everyone. However, for those people who are unable to make the journey into town, ConneXions will soon be going 'on tour' offering new outreach sessions in residential care homes, community centres and other venues throughout the district. Watch out for further details via the BDDF newsletter.

*John Jessup, BDDF Trustee*

## Understanding Disability - Films to Schools

The Films to Schools project was conceived in 2017. Its objective is to raise awareness to school children at KS2 age group about understanding disability and inclusion.

Since the project started, BDDF have marketed it to all primary schools within Basingstoke and Deane. We have a dedicated team of 10 volunteers who have contributed, supported or delivered our presentation to schools.

Our volunteers have taken part in special disability awareness and presentation training, to ensure consistency in how the presentations are delivered to children.

We have visited six schools, delivering our sessions to 17 classes and one assembly. Overall our presentation has reached approximately 600 school children.



We also run a competition where we ask school children to write a letter on how they would welcome a new student to their school.

Pictured is winner Olivia Nash with BDDF Trustee Pamela Heyfron, who judged the competition.

Reviews of our Films to Schools service can be found on the BDDF website. For more information, please email us at [info@bddf.org.uk](mailto:info@bddf.org.uk)

*George Hooper, BDDF Trustee*



## Signpost Service (SPS)

SPS has been operating from November 2012 to date.

During 2017/18, the Signpost Service was run by trustees and a group of specially trained BDDF volunteers.

Health care professionals and volunteers from local organisations and groups have also been generous with their time and have provided information and support to us.

SPS now has information on the stroke pathway used by the hospital in this area. This enables us to talk this through with anxious clients and is proving to be a useful tool.



SPS is being asked increasingly for social activities/clubs - not necessarily sports-related - for people with disabilities.

If you know of any, please do get in touch, so that we can add them to our leaflets.

You can obtain copies of all our SPS leaflets at our sessions, as well as via the BDDF website at [www.bddf.org.uk](http://www.bddf.org.uk)

### SPS statistics 2017/18

- 19 sessions (12 regular sessions and seven outreach sessions)
- 157 face-to-face contacts, 16 of which were professionals
- 153 clients were given information on the day, with 41 clients having information sent to them
- 27 email contacts.

*Pamela Heyfron, BDDF Trustee*

## Accounts 2017/18

Unfortunately, we made a small loss of £2,176 for the year. This was an improvement on the results for 2017.

Although we received grants during 2017/18 these were mainly for projects, so could not be set against core costs. In 2018, we improved greatly on the amount of monies we were able to raise ourselves. The Basingstoke Roll 4 raised over £2,000, and we also held collection days and disability awareness days to further boost our funds.

Our salary costs for 2017/18 were higher as we employed an administrator for two months to help with the Basingstoke Roll – her salary was actually covered by a National Lottery grant.

Our general costs appear higher as we made several purchases of small assets. Because of the value these were paid for entirely and not amortised over several years. A sum of £840 is ringfenced for project grants which have not been finalised.

### Profit and loss - year ending 31 March 2018

#### Turnover

BasRoll4 grant	2,599.00
BCBN grant	429.78
Breeze grant	49.41
Colman grant	2,500.00
Core expense grants	1,340.00
Donations	2,653.19
Events	4,035.05
Four Lanes Trust 2	500.00
Future membership fees	20.00
Hants CC	336.00
HYSG2	943.62
Interest income	2.60
Mayor's charity grant	1,000.00
Membership	555.00
Training	(15.98)

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<b>Gross income</b>	<b>16,937.67</b>
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## Administrative costs

Audit and accountancy fees	253.44
Bank fees	2.94
Catering	219.83
Cleaning	200.00
General expenses	2,809.00
Insurance	84.00
IT software and consumables	120.72
Payroll services	272.80
Photocopying	290.56
Postage, freight and courier	39.96
Printing and stationery	987.06
Rent	3,094.28
Repairs and maintenance	54.87
Salaries	11,112.17
Staff training	160.00
Telephone and internet	333.14
Travel – national	86.23
<b>Total administrative costs</b>	<b>20,121.70</b>

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<b>Operating profit</b>	<b>(3,184.03)</b>
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## Other income

General	1,008.02
<b>Total other income</b>	<b>1,008.02</b>

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<b>Profit on other activities before taxation</b>	<b>(2,176.01)</b>
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<b>Profit after taxation</b>	<b>(2,176.01)</b>
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## Balance sheet

### Assets

#### Bank

Bas & District	£4,801.99
BDDF Community	£1,097.68
<b>Total bank</b>	<b>£5,899.67</b>

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#### Current assets

Accounts receivable	£59.00
Petty cash	£19.47
<b>Total current assets</b>	<b>£78.47</b>

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### Liabilities

#### Current liabilities

Accounts payable	£923.12
Accruals	£1,089.29
NIC payable	£165.12
Pensions payable	£18.90
Rounding	£0.02
<b>Total current liabilities</b>	<b>£2,196.45</b>

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<b>Total liabilities</b>	<b>£2,196.45</b>
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<b>Net assets</b>	<b>£3,781.69</b>
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#### Equity

Current year earnings	-£2,176.01
Retained earnings	£5,957.70
<b>Total equity</b>	<b>£3,781.69</b>

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*Jane Brydges, BDDF Treasurer and Trustee*

# The year ahead

## Fundraising

- **Bake sale** on Friday **15 June** from 10am to 12pm (noon) at the Health Information Point (main entrance), Basingstoke and North Hampshire Hospital. Contributions of cakes for us to sell would be very welcome!



- **Basingstoke Roll 5** on Saturday **14 July** in Castle Square, Basingstoke. Fun for all the family. Activities include a treasure hunt, children's entertainment, penalty shootouts, food stalls and more!

## Disability awareness day

Wednesday **12 September** in Castle Square, Basingstoke.

## Courses

Free confidence-building course, every Thursday from **4 July** for five weeks. Email [info@bddf.org.uk](mailto:info@bddf.org.uk) for further details and to book.

## Outreach sessions

ConneXions and the Signpost Service will be trialling outreach sessions at Tadley Community Centre from Wednesday **18 July**.

## New trustees

We are very lucky to have been joined by some new trustees recently who have added to our current board's skill mix to help BDDF to grow.

## Website

Community forum coming soon!

*Paula Searle, BDDF Vice Chair and Trustee*

## Acknowledgements

- Basingstoke and District Borough Council
- Four Lanes Trust
- Big Lottery Fund
- The Mayor's Community Chest
- Hampshire County Council
- Better Community Business Network
- The Breeze
- AWE Aldermaston
  
- BDDF Patron, Lady Judith Colman
- Sir Jeremiah Colman Gift Trust
- Basingstoke Roll teams and supporters
- Individual, organisational and corporate members
- BDDF's team of dedicated volunteers
  
- Basingstoke and Deane Mayor Cllr Paul Frankum
- Mayoress Cllr Jane Frankum
- Maria Miller MP
- Cllr Simon Bound
- Islam Jalaita
  
- Management and staff of Basingstoke Discovery Centre
- Tesco, Chineham
- Asda, Brighton Hill



**An extra special thank you** to local schoolboy Niall Gibbs who raised £131.25 for BDDF by dressing as an elf every day during advent.

Thank you Niall and everyone who kindly sponsored him.



## Basingstoke and District Disability Forum (BDDF)

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